

## Free Parenting Trainings

For parents of children who have special needs or concerns



**Monday, November 30, 2009 (RSVP by November 23rd)**

*The Diagnosis: Life stories from parents on what works, then and now*

Please join our first Parent training session that will explore life after your child has received a diagnosis of a disability. We will have a diverse parent panel that will share their experiences from preschool, elementary, middle school and high school age with different diagnoses. Hear from parents how they've handled the diagnosis and how they keep a positive approach on life, family, and their child. Community resources and information will also be available.

Format: Parent panel discussion followed by Q & A.

Facilitator: Debora Shannon, Program Director, Project PASS, Talbert House

**Monday, January 11, 2010 (RSVP by January 4th)**

*Parenting for Independence: How to help your child learn self-responsibility and everyday skills*

Parents will hear how to identify activities that encourage independence by understanding the difference between learning a new skill and performing a known skill at their child's developmental level. Parents will learn strategies for teaching and motivating their children, and develop an action plan to get started at home. Get ready to help your child with hands-on activities and discussion! Reading list/internet resources will be provided.

Speakers: Children's Hospital- Tena Benson, RN

Rena Sorensen-Burnworth, Ph.D. Psychologist

### Location

Nagel Middle School Media Center  
1500 Nagel Rd

Cincinnati, OH 45255

Time: 6:00PM—8:00PM

### To RSVP, please contact:

Tina Brophy, Parent Resource Coordinator,  
Forest Hills School District

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More to  
come in  
February  
& March!

The **Parenting Coalition of Hamilton County** is proud to present this free parenting training series! Members of the Coalition include: the arc, Beech Acres Parenting Center, Division of Developmental and Behavioral Pediatrics at Cincinnati Children's Hospital, Hamilton County Developmental Disability Services, Parent Mentors from Southwest Ohio, RHC/CITE Services, Talbert House Project STEPS, and the West Chester Mosque.

The Parenting Coalition works together to provide parents of children with special needs the resources, support and skills they need to raise their children with confidence!

