



Frequently Asked Questions ADAPT for Men and ADAPT for Women

ADAPT (Alcohol & Drug Addiction Partnership Treatment) is a 15-month program that provides assessment and treatment services for adults charged with felony drug offenses through the Hamilton County Drug Court.

The following information is applicable only to the ADAPT program and serves as a guide for family members and other significant individuals of ADAPT clients. The information provided to clients is more comprehensive and extensive than the guidelines listed here. **Please note that there may be differences among the men/women programs and those are noted below.** All information provided is subject to change. Please note: This information does not apply to other Talbert House programs. For information about Talbert House, contact (513) 751-7747 or visit www.talberthouse.org.

VISITATION

CAN CLIENTS HAVE VISITORS?

Yes, clients can have visitors. Visitors must visit during designated times (see below).

MEN: No visitors will be admitted after the sign-up period. Visitors are not permitted to leave before the end of the visitation time. Visitors are restricted to individuals noted on the client's authorized visitor list, and all visitors over the age of 16 are required to show a valid ID at every visit. A client may not be able to accept visitors because of his stage in the treatment phase or his conduct at the facility. If a visitor's name is not on the list or doesn't have a valid ID card, he or she will not be permitted to visit. Only three visitors (including children) at a time are permitted to visit.

WOMEN: Client can have three adult visitors who must first participate in the Family Orientation and be approved by staff. Visitors must arrive on time and must stay the entire visitation period (no late entrance or early exit). Visitors must show a valid state ID card every time they visit or they will not be permitted to visit. Visitors must attend Family Education every time they visit.

WHAT ARE VISITING HOURS?

MEN: Visiting hours are Tuesday: 7:15 p.m. - 8:15 p.m. and Saturday: 2:30 p.m. - 3:30 p.m. All visitors need to sign in and receive a badge to visit. Sign-in times are as follows: Tuesday: 7:00 p.m. - 7:15 p.m. and Saturday: 2:15 p.m. - 2:30 p.m. No visitors will be admitted after the sign-in period.

WOMEN: Visiting hours are on Thursday evenings only. Family Orientation 4:45pm-5:45pm, Family Education 6:00pm-7:00pm, and Visitation 7:00pm-8:30pm

CAN CHILDREN VISIT THE CLIENT?

Yes, children (those under 18 years old) are allowed as long as a parent or legal guardian accompanies him/her.

MEN: The maximum number of visitors at one time is three (including children). Children must be supervised at all times by the accompanying parent or guardian. Children are not permitted to run around the room. If you need a diaper bag at visitation, it must be left with a staff member. No physical contact is allowed with any children over the age of 12.

WOMEN: Only those children belonging to the client or who were permanently residing with client prior to treatment are permitted to visit. Children ages 4-12 attend Kids Connection from 6:00pm-7:00pm. This group helps them learn more about addiction at a level they can understand.

WHAT CAN I BRING WHEN I VISIT THE CLIENT?

No food, drinks, cameras, or cell phones allowed in the visiting area. All purses, bags, coats, jackets, diaper bags and packages must be left on the table near the staff or wherever the staff directs items to be placed. **Staff members are not responsible for lost or stolen items.** ADAPT encourages visitors to leave these items at home or in the car, if possible. Passing of items that are on the “allowable items list” must be done in the presence of a staff member.

WHAT ARE THE RULES FOR PHYSICAL CONTACT?

MEN: No physical contact is allowed with any children over the age of 12 or with any adults. Spouses and significant others must sit on opposite sides of the tables. When sitting in chairs, a 3-foot space must be between client and visitor at all times.

WOMEN: Clients are permitted a short hug from their visitors. No prolonged physical contact of any kind is permitted.

WHAT IS THE VISITOR DRUG & ALCOHOL POLICY?

Any visitor suspected of being under the influence of drugs or alcohol will not be able to visit. A visitor may be asked by a staff member to submit to a Breathalyzer test to confirm the presence of alcohol. A positive result will ban a visitor from all future visits. Staff members are obligated to call emergency response (9-1-1) if the visitor who is under the influence of drugs or alcohol leaves the facility and attempts to drive a vehicle. If transportation is needed because a visitor is under the influence, phone access can be provided so the visitor can arrange for transportation. Any visitor bringing in illegal substances or contraband will be prosecuted to the full limit of the law.

WHAT HAPPENS IF THE VISITATION RULES AREN'T FOLLOWED?

Failure to adhere to the preceding rules will result in the termination of a visit immediately. The visitor may be barred from further visits, and the client may be issued a rule violation and possibly be terminated from treatment.

ALLOWABLE ITEMS

WHAT TYPES OF ITEMS IS THE CLIENT ALLOWED TO HAVE?

MEN: The following is a general list of items clients are allowed to have at the facility. Allowable items are subject to change but include:

- CD's, audio cassettes, video cassettes and DVDs (all movies must provide a rating of G or PG or PG-13 and come in factory-made packaging)
- Clothes (items with alcohol or drug-related insignia or have demeaning or sexual content are not permissible)
- Books and Magazines (No pornography)
- Stationary
- Small audio devices with headsets (Walkmans, I-Pods)
- Pens, Pencils, Markers (of the non-toxic, non-permanent variety only)
- Reading Light, Batteries
- Photo album and pictures (no pornography)
- Microwave popcorn and individually wrapped hard candy (no liquid centers). Suckers are not allowed.
- Playing cards, games without dice, puzzles
- Powder laundry detergent in an unopened box and dryer sheets
- Allowable toiletries include contact solution, toothpaste and brush, denture/contact supplies, razors, beard trimmers, lotion, chap stick, shampoo/conditioner, soap, shaving cream, deodorant (non-aerosol), Vaseline, hair grease/gel, q-tips, nail and hair clippers, dental floss, and non-alcohol mouthwash.

THE FOLLOWING IS NOT PERMITTED: COLOGNE, AFTERSHAVE, ITEMS CONTAINING ALCOHOL AS AN INGREDIENT, CIGARETTES OR LIGHTERS. ALL SUCH ITEMS WILL BE DISCARDED AT THE TIME OF ADMISSION.

WOMEN: The following is a general list of items clients are allowed to have at the facility. Allowable items are subject to change but include:

- Clothing for 5-6 days (items with alcohol or drug related insignia or have demeaning sexual content are not permissible. No halters or shirts that come at or above the waist are permitted)
- Books and Magazines (no pornography)
- Stationary, stamps
- Small audio devices with headsets (walkmans)
- Pens, pencils
- Photo album and pictures (no pornography or pictures that show weapons or drugs)
- Snacks: hard candy and gum only
- Playing cards, puzzles (no dice)
- Laundry detergent in an unopened box and dryer sheets

- Allowable toiletries include contact solution, toothpaste and toothbrush, denture supplies, contact supplies, lotion, chapstick, shampoo/conditioner, soap, deodorant, Vaseline, hair grease/gel, q-tips, dental floss, non-alcohol mouth wash.

THE FOLLOWING IS NOT PERMITTED: COLOGNE, ITEMS CONTAINING ALCOHOL AS AN INGREDIENT, CIGARETTES, LIGHTER/MATCHES. THESE ITEMS WILL BE DISCARDED AT TIME OF ADMISSION. THEY MAY ALSO BE GIVEN BACK TO THE VISITOR WHO BROUGHT THEM IN IF THE VISITOR IS PRESENT WHILE THE STAFF SEARCHES THE ITEMS.

HOW CAN I BRING THE CLIENT HIS OR HER PERSONAL ITEMS?

MEN: All items must be delivered in a box during the following times: 9:30am to 11:00am and 6:30 pm to 8:00pm daily directly to ADAPT staff (Security staff will not accept boxes). Boxes (2'x2' or smaller) are permitted on four occasions during the client's stay. A list of items must accompany the box and include the client's name and name and address of the person delivering the box. No items will be accepted in bags of any kind, including duffle bags or suitcases. The limit for clothing items is seven.

WOMEN: Items can be brought in on Thursday evenings when visitors come. Only approved visitors may bring items for the clients. The limit for clothing items is seven. Clients may have an "initial drop off" within the first 24 hours coming to the program. Families need to wait for the bag to be searched so they can take any unapproved items out of the facility.

CAN THE CLIENT HAVE MEDICATIONS?

Yes, the client can have prescription medicine and certain over-the-counter medications. All medications must be unopened and the original seal intact. All medications will be confirmed by the ADAPT medical staff and poison control, if necessary. Over-the-counter medications that are acceptable are acetaminophen, ibuprofen, Milk of Magnesia, Mylanta, Excedrin, Kaopectate, Polysporin, cough drops, and vitamins.

CAN THE CLIENT HAVE TOBACCO PRODUCTS?

No, clients are not allowed to have tobacco products at the facility. Visitors bringing in such items (like cigarettes or smokeless tobacco) into the facility for clients are breaking a major rule. Attempts to give a client such items will result in the visit being terminated, and the visitor will be banned from all future visits. The client will also receive a major reprimand that will result in additional time in treatment.

CAN THE CLIENT RECEIVE MAIL?

Yes, the client can receive mail.

MEN: All mail is to be opened and shaken in front of a staff member. Staff members have the right to confiscate items deemed inappropriate. Mail addressed to a client should be made in the following manner:

Client Name
ADAPT for Men
3009 Burnet Avenue
Cincinnati, Ohio 45219

WOMEN: Client may only receive the size of a business envelope or standard greeting card. Clients may not receive large envelopes, packages or magazines. Mail address to a client should be made in the following manner:

Client Name
ADAPT for Women
1616 Harrison Avenue
Cincinnati, OH 45214

Clients can also post mail. The client is responsible for envelopes and stamps for his or her outgoing mail. Once the client leaves ADAPT, first class letters and packages will be forwarded for certain amount of time to the client's permanent address given at the time of discharge. All other mail will be returned to sender.

CAN THE CLIENT HAVE MONEY?

Clients are permitted to have \$20 in the facility. Singles and change are the suggested means of currency.

MEN: Clients do not have access to bill changer for fives, tens and twenties.

WOMEN: Clients have limited access to bill changer that only changes singles or fives.

CAN CLIENT MAKE PHONE CALLS?

Yes, clients are allowed to make outgoing calls only during designated times. [Due to confidentiality guidelines, the program is unable to take messages for clients and/or confirm/deny that a client is a resident of the program.](#)

MEN: All calls are collect only. The program has a phone card machine available on the unit for clients to purchase phone cards. Cost of a phone card is \$15.00.

WOMEN: The time frame of client phone calls are limited to 15 minutes.

TREATMENT

HOW LONG DOES A CLIENT STAY IN THE PROGRAM?

The length of time spent in the ADAPT program is directly related to staff assessment of the client's needs and individual progress. ADAPT's treatment program exists in three phases and every client will be required to exhibit progress in order to move from one phase program to the next. Clients are required to secure stable, verifiable employment prior to discharge.

ARE FAMILY MEMBERS INVOLVED IN THE CLIENT'S TREATMENT?

Family members can be involved in the client's treatment at the consent of the client. With client consent, family members are first contacted in assessment phase. The client and their primary counselor arrange family sessions if the client remains in the residential setting. Ongoing family therapy can be arranged through referral.